

5141.3

ELEMENTARY

■ POLICY

SECONDARY

□ REGULATION

■ BOTH

## **STUDENTS**

## FOOD ALLERGIES

The Diocese of Columbus schools strive to provide a safe environment for students with life-threatening food allergies. Parents should notify the school nurse and homeroom teacher of any life-threatening food allergy on or before the first of each school year or as soon as a food allergy is diagnosed.

Each school year, parents and physicians will be required to complete, sign and return a "Food Allergy Action Plan" specific to the student with life-threatening food allergies. The school nurse will review all allergy information provided by the student's parents and physician and share this information with the appropriate teachers and staff.

Parents will provide the school with the medications prescribed in the "Food Allergy Action Plan". Medications will be kept in the Clinic or with the student as specific needs dictate.

The parents of a student with a life-threatening food allergy will provide a supply of "safe" snacks for use by their child. Parents of children with life-threatening food allergies are responsible for notifying bus transportation providers with information regarding their child's allergy.

Office of Catholic Schools Catholic Diocese of Columbus Adopted 9/09 Reviewed \_\_\_ Revised □ ELEMENTARY
 □ POLICY
 □ SECONDARY
 ■ REGULATIO
 N

Food Allergy	Action Plan Place Child' Picture Here
Student's Name:D.O.	В
ALLERGY TO:	
Asthmatic Yes*□ No□ *Higher risk for severe reaction	n
◆ STEP 1: TRE	ATMENT♦
Symptoms:	Give Checked Medication**:  "*(To be determined by physician authorizing treatment)
If a food allergen has been ingested, but no symptoms	☐ Epinephrine ☐ Antihistamine
Mouth Itching, tingling, or swelling of lips, tongue, mouth	☐ Epinephrine ☐ Antihistamine
Skin Hives, itchy rash, swelling of the face or extremities	☐ Epinephrine ☐ Antihistamine
Gut Nausea, abdominal cramps, vomiting, diarrhea	☐ Epinephrine ☐ Antihistamine
Throat      Tightening of throat, hoarseness, hacking cough	☐ Epinephrine ☐ Antihistamine
• Lung 🕆 Shortness of breath, repetitive coughing, wheezing	☐ Epinephrine ☐ Antihistamine
• Heart 🕆 Weak or thready pulse, low blood pressure, fainting,	pale, blueness
• Other ♥	☐ Epinephrine ☐ Antihistamine
	🗆 Epinepii ine 🗀 Altinistanine
If reaction is progressing (several of the above areas affected), g     Potentially life-threatening. The severity of s  DOSAGE	give:   Epinephrine  Antihistamine  symptoms can quickly change.
If reaction is progressing (several of the above areas affected), g      Potentially life-threatening. The severity of s      DOSAGE  Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen  Antihistamine: give	Eymptoms can quickly change.  By Jr. Twinject® 0.3 mg Twinject® 0. 1 5 mg
• If reaction is progressing (several of the above areas affected), g  Potentially life-threatening. The severity of s  POSAGE Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen  Antihistamine: give	Eymptoms can quickly change.  By Jr. Twinject® 0.3 mg Twinject® 0. 1 5 mg
If reaction is progressing (several of the above areas affected), g      Potentially life-threatening. The severity of s      DOSAGE Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen  Antihistamine: give  Other: give  medication/dose/rou  IMPORTANT: Asthma inhalers und/or antihistamines cannot  STEP 2: EMERGE	ive: ☐ Epinephrine ☐ Antihistamine symptoms can quickly change.  ® Jr. Twinject® 0.3 mg Twinject® 0. 1 5 mg  te be depended on to replace epinephrine in anaphylaxi ENCY CALLS ◆
If reaction is progressing (several of the above areas affected), g      Potentially life-threatening. The severity of s      DOSAGE Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen Antihistamine: give  Other: give  medication/dose/rou  IMPORTANT: Asthma inhalers und/or antihistamines cannot	ive: ☐ Epinephrine ☐ Antihistamine symptoms can quickly change.  ® Jr. Twinject® 0.3 mg Twinject® 0. 1 5 mg  te be depended on to replace epinephrine in anaphylaxi ENCY CALLS ◆
If reaction is progressing (several of the above areas affected), g      Potentially life-threatening. The severity of s      DOSAGE Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen Antihistamine: give  Other: give  medication/dose/rou  IMPORTANT: Asthma inhalers und/or antihistamines cannot	Epinephrine Antihistamine  Symptoms can quickly change.  ® Jr. Twinject® 0.3 mg Twinject® 0. 1 5 mg  te  be depended on to replace epinephrine in anaphylaxi  ENCY CALLS  on has been treated, and additional epinephrine may be needed
If reaction is progressing (several of the above areas affected), g      Potentially life-threatening. The severity of s      DOSAGE Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen Antihistamine: give  Other: give  medication/dose/rou  IMPORTANT: Asthma inhalers und/or antihistamines cannot	Epinephrine ☐ Antihistamine  Symptoms can quickly change.  ® Jr. Twinject® 0.3 mg Twinject® 0. 1 5 mg  te  be depended on to replace epinephrine in anaphylaxi  ENCY CALLS ◆ on has been treated, and additional epinephrine may be needed.  Number:
If reaction is progressing (several of the above areas affected), g      Potentially life-threatening. The severity of s      DOSAGE Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen Antihistamine: give	Epinephrine ☐ Antihistamine symptoms can quickly change.  ® Jr. Twinject® 0.3 mg Twinject® 0. 1 5 mg  te  be depended on to replace epinephrine in anaphylaxi  ENCY CALLS ◆ on has been treated, and additional epinephrine may be needed.  Number:
If reaction is progressing (several of the above areas affected), g      Potentially life-threatening. The severity of s      DOSAGE Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen Antihistamine: give	Epinephrine ☐ Antihistamine symptoms can quickly change.  ® Jr. Twinject® 0.3 mg Twinject® 0. 1 5 mg  te be depended on to replace epinephrine in anaphylaxi SNCY CALLS ◆ on has been treated, and additional epinephrine may be needed Number: Number(s): Number(s)
If reaction is progressing (several of the above areas affected), g      Potentially life-threatening. The severity of s      DOSAGE Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen Antihistamine: give  Other: give  medication/dose/rou  IMPORTANT: Asthma inhalers und/or antihistamines cannot  \$\intersection STEP 2: EMERGE	Epinephrine
If reaction is progressing (several of the above areas affected), g      Potentially life-threatening. The severity of s      DOSAGE Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen Antihistamine: give  Other: give  medication/dose/rou  IMPORTANT: Asthma inhalers und/or antihistamines cannot	Epinephrine