

When Is Your Child too Sick for School?

The main reasons for keeping your child home are:

- They are too sick to be comfortable at school
- They might spread a contagious disease to others

As a rule of thumb, a child should stay home if they have:

- A fever higher than 100.0 degrees Fahrenheit
- Vomited more than once
- Diarrhea
- A very frequent cough
- Persistent pain (ear, stomach, etc...)
- A widespread rash

Most of these problems need to be discussed with your child's doctor to determine if an office visit is needed.

The following guidelines may help in your decision whether to send your child to school or keep them home.

Runny nose/Cough/Allergies